

A Vision of Success

Fuad Al-Qrize



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DEDICATION

My father, my mother, thank you for making me what I am.

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**“LEARN AS IF YOU WILL LIVE
FOREVER, LIVE LIKE YOU WILL
DIE TOMORROW.”**

- MAHATMA GANDHI

Introduction

The desire for success unites humanity, maybe no emotional feeling is more commonly shared among men than the desire for success.

Not only does everyone want to be successful, but no one wants to be associated with failure.

Success is more than money, titles, and degrees.

Planning for success entails mapping out every aspect of your life.

So, how do you define success?

Is it money, fame, prestige, or the respect of others?

What does success mean to you?

In general, success is defined as the achievement of a predetermined goal.

This definition has some ramifications.

The first implication is that you achieve success whenever you can turn a predetermined goal into a reality.

Another implication of this definition is that success entails achievement.

As a result, there is no such thing as a partial success.

Another important implication of this definition of success is that success is always related to a specific goal.

As a result, you cannot achieve a goal that you did not set.

Setting goals is the first step toward success.

It is critical that you know yourself in order to have a clearer idea of who you want to be and what you want to change, whether it is attitudes, habits, or points of view.

If you don't know yourself well, your future vision and goals will be clouded as well.

Knowing what success means in your personal life is one of the most important key steps to achieving success in life.

The true definition of success extends far beyond common definitions of success, such as having a lot of money, being wealthy, having a lot of tangibles, and having earned degrees.

Quite the contrary: true success in life cannot be measured by the aforementioned factors, but rather by the number of people who are able to live a better and more advanced life as a result of what you created.

You are the only person who can answer the above question.

Everyone thinks differently about being prosperous in life and defines success differently, so there can't be a definition that applies to everyone.

It is critical that you understand how to define success in life!

Make yourself aware of what success, accomplishment, and prosperity in general mean to you in your life.

Some may define success as owning

expensive cars and a large mansion, whereas others consider a life filled with joy and happiness with their family to be the true definition of success.

**“IF YOU ARE WORKING ON
SOMETHING THAT YOU REALLY
CARE ABOUT, YOU DON’T HAVE
TO BE PUSHED. THE VISION PULLS
YOU.”**

- STEVE JOBS

Fear of success

Fear of success occurs when you have a persistent fear of succeeding, to the point where you may be unintentionally self-sabotaging.

It's not that you don't believe you can succeed.

It's more about your fear of change and whether you're ready for it.

Fear of failure stems from beating yourself up when you believe you've failed.

Fear of success is more concerned with anticipating how others will react to your success.

Fear of success is often confused with fear of

failure, and both can prevent you from reaching your full potential.

In many cultures, men are praised for their achievements, whereas women who achieve the same thing are socially stigmatized.

Women are encouraged to be modest and conform to gender norms rather than appear self-promoted or aggressive.

Some women are concerned that success will lead to attacks on their femininity or that they will be labeled unlikable and undeserving.

Fear of success may appear to be a paradox in our highly competitive society, where success has become synonymous with happiness.

Our society glorifies the accumulation of wealth, fame, and power that can come with success.

We are hesitant to venture into uncharted territory, even if it is the best option.

I've worked with many people who were afraid to change their lives because they were afraid of giving up bad habits or toxic

relationships.

They valued the certainty of the present over the uncertainty that comes with change.

The enemy of success is so strong that it can undo the same successes you worked so hard to attain.

**“WHEN YOU CHANGE YOUR
THOUGHTS, REMEMBER TO ALSO
CHANGE YOUR WORLD.”**

- NORMAN VINCENT PEALE

Overcome your fears

You need to comprehend what success means to you in order to start overcoming your fear of it.

Even while it could be challenging to identify exactly what success means to you, doing so will assist you to identify just what it is that you're afraid of.

You've already made the first move if you've recognized your fear of success.

Here are several ways to get started. From here, it could take some trial and error to find the methods that work for you.

You can at least halve the amount of negativity in your life by choosing to be

positive and avoiding negative people.

You'll notice how your negative attitude starts to fade away if you practice daily thankfulness, keep a list of all the good things that have happened in your life, and practice mindfulness.

Think about the manifestations of success fear.

Making a note of all the ways you've obstructed your success may be useful.

It will become clearer after it is written down.

By recognizing these behaviors, you may begin to combat them.

Do the right things, assist those around you, put morality first, and are aware that this isn't just about you; it's also about the greater picture of which you are a part.

Your life is successful because of the doing, not the result, and these beliefs always give you the confidence to try something new.

Consider your accomplishment while keeping in mind that it probably won't be all

sunshine and roses.

What are the potential advantages and disadvantages then?

Consider achieving your objective, what might occur as a result, and potential solutions.

You must find time for yourself, no matter how busy you are.

Even if it's only for 20 minutes a day, this time needs to be yours.

The remainder of your obligations will

become simpler if you allow yourself the luxury of leisure time.

Unfortunately, the majority of us neglect to enjoy life because we are so focused on our obligations and objectives.

You'll raise your children better, and you'll be able to generate original ideas at work.

You'll be able to look after your health more effectively.

You'll feel less stressed and more joyful about life.

Recognizing your fear of achievement and its effects is the first step.

You may start overcoming this fear right away by doing a few things.

Alternately, a therapist might assist you in discovering how to accept the changes that come with realizing your aspirations.

**“SUCCESS IS PEACE OF MIND,
WHICH IS A DIRECT RESULT OF
SELF-SATISFACTION IN KNOWING
YOU MADE THE EFFORT TO
BECOME THE BEST OF WHICH
YOU ARE CAPABLE.”**

- JOHN WOODEN

Explore options

The majority of individuals view success similarly to teenagers.

They approach it with a lack of concern as if it were an option or perhaps something that

only happened to other people.

How you feel and how you come across to others depends on your self-perceptions.

Your self-image affects your sense of worth and self-confidence.

The real truth is that either you have power over your life or it has control over you.

It is the artist and scientist within you who finds solutions to your issues and generates fresh concepts.

A successful person will be skilled at communication skills, persuading and inspiring others to make his or her own objectives, as well as their shared ones, come true.

He will also have a strong work ethic and be resilient in the face of challenges.

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Success through purpose

Success doesn't entail achieving something by a specific age, moment in time, or date, other than your own, no one else's metrics or measurements matter.

Being able to accomplish the things you enjoy could be a sign of success.

It can simply be able to give your kids the greatest upbringing possible.

Purpose gives us a fresh perspective through which to see our personal and professional trajectories, and it ties everything we do to who we are.

Understanding your purpose may not sound particularly enlightening, yet it brings clarity in an unimaginable way.

Finding a career or business that best utilizes a person's purpose, talents, interests, and gifts is something we assist people with at Succeed on Purpose.

We all aspire to live in what I refer to as a universal assignment, which is the point at which our unique set of talents, skills, abilities, and gifts meet a need or a need in the world.

The first step to taking that liberating breath and starting to become who you were meant to be is discovering your mission.

You unleash your potential to accomplish amazing things when you acknowledge that, despite your ignorance of something, you are ready and willing to learn more about it.

You start to be receptive to your purpose's potential.

People that are curious ponder questions, look for solutions, wonder how things operate and test out novel solutions to persistent issues.

Purpose can be a sophisticated concept for

some people and an abstract idea for others.

We shouldn't lose ourselves in the process as we attempt to comprehend what meaning is all about.

Before pursuing success, we carefully analyzed how the majority of people define it.

When choosing a job or career, we may carefully consider our strengths and the pathways of individuals we respect, but over time, that job may come to dominate other significant aspects of our lives or we may

forget what makes that position valuable in the first place, therefore, we frequently pursue material advancement without really considering why.

Consider your particular combination of skills, the tools at your disposal, your background, and the opportunities in your immediate environment.

You will be well on your way to determining your life's purpose if you objectively identify these variables while taking into account your heart's desire.

You must first believe that you have potential in order to realize it.

If you don't think you're capable of reaching your potential, you won't try.

You will never succeed if you aren't willing to put in the effort necessary to realize your potential.

When you are unsure of what to do, you will typically do whatever feels natural, convenient, and comfortable.

When you don't have a purpose or a strategy for your life, you will wander through it aimlessly and follow the crowd.

If you don't have a clear sense of purpose, you'll end up making the wrong choice when you're faced with a decision-making crossroads.

You don't know where you're going or what you're trying to accomplish.

**“THE ROAD TO SUCCESS AND THE
ROAD TO FAILURE ARE ALMOST
EXACTLY THE SAME.”**

- COLIN R. DAVIS

Live success

Success is about developing your inner self and leading an abundant life that includes your physical, mental, emotional, and spiritual needs.

The two most valuable resources on earth are time and energy, which successful people are aware of.

Nothing can be done without time and effort.

In order to live a successful life, you must accomplish all of your goals and have effective time and energy management skills. Finding strategies to prioritize, effectively arranging your days, and embracing energy-boosting behaviors are all important.

Successful people don't let other people or different circumstances drain them of their time and energy.

When it's essential, you can say no with confidence.

You must specify the type of life you desire.

What goal are you pursuing?

How do you define success?

It could entail a flexible job that enables them to work from any location in the world for some people.

Others may decide to invest in a lovely home with a sizable yard for their family.

What kind of life, in your wildest dreams, would do you wish to be leading?

These folks achieved success by their own hard work, networking, and perhaps a little luck, but what are some concepts or rules for success in life that people don't think about as frequently?

What are some of the less obvious rules to follow in order to reach this elusive success?

Many people think they will jump headfirst

into a new endeavor without completely understanding the workings of their chosen area, and as a result, they give up and lose money.

Being thankful is a key component of living a successful life since it demonstrates your awareness of the positive aspects of your life that exist every day.

Long-term success requires a commitment to learning that lasts your entire life.

Keep current with your sector.

Do everything you can to increase your knowledge, including reading books.

Consistency and discipline are necessary for success.

You need to get to work as soon as you've decided what you want to achieve in life and how you want to go about doing it.

Be prepared to put in many hours of labor to achieve your goals.

Engage in business activities, get to know your colleagues, and look for a mentor in your area of expertise.

You may live it and accomplish it once you have identified and understood your own personal purpose in life.

Be prepared to work overtime, on the weekends, and to put your personal needs on hold if required.

Success demands focused work and a significant time commitment.

You'll be on the path to realizing your dreams if you continually apply yourself with focus.

Remind yourself that you are on the verge of starting everything over from scratch.

Get a hobby; anything that allows you to temporarily forget about the outside world will enhance your love of life and allow you to unwind, relax, and experience tranquility.

Without pushing yourself, you'll never succeed or have the potential to succeed.

Always carry your plan with you, and read it aloud to yourself multiple times a day.

You may quickly experience the benefits by giving yourself the time, breathe deeply, and

relax your body and mind.

You must put your mind in a happy and optimistic frame of mind if you want to succeed.

Write down your goals and post them where you will see them every day in order to commit them to paper, and keep on track and avoid feeling overwhelmed, break larger long-term goals down into monthly or weekly targets.

You will be better able to achieve your goals

if you put them in writing.

Know why you desire something, what it will do for you, and what it will do for you, the most challenging phase is undoubtedly this one because it is so important.

However, observing other successful people can teach you a lot. Being mentored or studying under a teacher directly is even better. History that has been written down sometimes misses important elements and subtlety.

Seek advice from people you respect and trusts, such as close friends and relatives.

Everyone will have an opinion on how you live your life, but only those with your best interests in mind should be heard.

Initially, it could be challenging to take constructive criticism.

But instead of letting it bring you down, let it inspire you.

A gift that has a long-lasting effect on your present and future satisfaction is the chance to improve.

You establish a pattern, a template for personal achievement in your subconscious mind by conquering challenges and attaining one outstanding accomplishment in any area.

Feelings of accomplishment, fulfillment, and enjoyment are all mutable through time.

So, once you achieve success in one area, go for it elsewhere.

Success teaches you how to succeed.

The more you accomplish, the more you are capable of.

Success increases your self-assurance, self-

control, and faith that you can succeed again in the future and ultimately realize personal success.

**“SETTING GOALS IS THE FIRST
STEP IN TURNING THE INVISIBLE
INTO THE VISIBLE.”**

- TONY ROBBINS

Disclaimer

The information in this book is based on the author's knowledge, experience, and opinions. The methods described in this book are not intended to be a definitive set of instructions. You may discover other methods and

materials to accomplish the same end result. Your results may differ.

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The information presented is the author's opinion for informational purposes only.

About the author

Fuad Al-Qrize, is a Yemeni Journalist, Producer, Author, Writer, Screenwriter, and Musician, Born on January 1, 1990.

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BY

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